

Water

*Courtesy of **In Our Grandmothers' Kitchens***

Ingredients:

1 pitcher water (preferably delicious New England well water)
1 lemon, thinly sliced and seeded
a handful of mint sprigs
lots of ice

Instructions:

Combine the ingredients and allow them to mellow a bit together before serving. Serves 2 to 8, depending on degree of thirst and size of pitcher.